

Forms in NARFE Magazine & On-line

National Active and Retired Federal Employees

Volume XXIII No. 2

PRESIDENT'S MESSAGE

Apr-Jun 2013

BLESSINGS

Recently, since accepting the call to be your Chapter President, a post, which incidentally, I was blessed to hold three times in the late 90's, I thought it would be good to sit back and count our blessings. Yours and mine. Here are some of the ways we are truly blessed, as a NARFE chapter:

- *Having members like you!
- *A dedicated and active Executive Board!
- *Committees that are functioning well!
- *A great Newsletter. In my opinion, second to none. Thanks to our Editor Marjorie L. Fair!
- *Very good Chapter meetings with quality speakers on the program. Thanks in great part to our VP and Program Chair Charles Walter!
- *Meetings that are reasonably well attended! Though we could have more. Perhaps you. You are always welcome. We meet at Ryans on Bardstown Road. The food is good and the price is right. COME ON! TRY IT! YOU'LL LIKE IT! Yours, as always—Joe Wahlen, President

************** COMING ATTRACTIONS — CALENDAR ON P. 6.

APR 17 Joseph Gerth, political writer for the Courier-Journal whose Political Notebook appears Mondays in Metro — A great chance to hear first-hand from one of our top observers of the political scene and, perhaps, get some of your political views or questions addressed.

15 Don Helton, Veterans Advocate & Board member of Kentucky Veterans Memorial Park — Don is the prime mover in the planned Veterans Memorial Park of Kentucky. His talk will be of interest to all veterans, their families and survivors. One you will not want to miss.

The purpose of establishing this Memorial Park is two fold;

- 1) Recognize those who served, especially those who paid the ultimate price
- 2) Educate the community, with special interest on youth and military history.

JUN Barbara Gordon, M.A., Director, Division of Social Services, Area Agency on Aging and Independent Living, KIPDA (Kentuckiana Regional Planning and Development Agency) — Ever wonder what services are available to you or your loved ones, as we age? Then you won't want to miss Barbara Gordon's talk: "Navigating the Aging Network: Valuable Resources."



There's loads to learn & enjoy in upcoming programs, but you need to stay for the business meetings also. Protection of your retirement and benefits is

NARFE's reason for being and the business meeting is the place for you to learn and offer input. There is strength in numbers! The Chapter 262 Board



COMMENT BOX Comments and short articles of interest to our active and retired NARFE family are welcome. NED

2013 OFFICERS & CHAIRPERSONS

Leaders for the coming year are in place refer to the listing at the right.

Congratulations and Best Wishes to All! Mitch Garrett. District 3 VP. installed elected officers

Joe Wahlen, Elinore Jeffcoat, Nathan Henderson & Dorsey Kozarovich

at the January 16 meeting. Charlie Walter was unable to attend due to his recent hospitalization.

TREASURER RPT March 2013 Balance on Hand for Use—\$3,974; CD's \$13,580.01.

Nathan Henderson

President / Public Relations

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2nd Vice President / Program Chair

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Bobby R. Payne, Chair Robert Burckle, Member Sherman Smith, Member

Name Tags

Joseph Scheuring 502-667-1002 joe68@insightbb.com

Combined with offices above: Public Relations Chair Alzheimer's Chair Program Chair

A typo in Joe Wahlen's e-mail address is corrected in this listing.

IMPORTANT CONTACTS

Keep them updated on NARFE issues.

Pres. Barack Obama

1600 Pennsylvania Avenue, Washington, DC 20500 Tel: 202-456-1414 www.whitehouse.gov/ contact

Sen. Mitch McConnell

317 Russell Senate Office Building Washington DC 20510 Tel: 202-224-2541 and 601 W. Broadway, Rm 630 Louisville, KY 40202 Tel: 502-582-6304 http://mcconnell.senate.gov

Sen. Rand Paul

208 Russell Senate Office Building Washington DC 20510 Tel: 202-224-4343 and 600 Martin L King Jr Pl. Rm. 1072B Louisville, KY 40202 Tel: 502-582-5341 http://paul.senate.gov

Rep. John Yarmuth

435 Cannon HOB*

Washington, DC 20515 Tel: 202-225-5401 and 600 Martin Luther King Pl. Suite 216 Louisville, KY 40202 Tel: 502-582-5129, and SW Government Center 7219 Dixie Highway Louisville, KY 40258 Tel: 502-933-5863 www.yarmuth.house.gov

Rep. Brett Guthrie

308 Cannon HOB* Washington, DC 20515 Tel: (202) 225-3501, and 411 W. Lincoln Trail Blvd. Radcliffe, KY 40160 Phone: (270) 842-9896 www.guthrie.house.gov

Rep. Thomas Massie 1119 Longworth HOB* Washington, DC 20515 Tel: (202) 225-3465 300 Buttermilk Pike #101 Carolina City, Ft. Mitchell 41017

Tel: (859) 426-0080 www.massie.house.gov

*HOB=House Office Bldg.

MORSELS from **MEETINGS** ⇒⇒⇒

SEQUESTER, ETC.

The sequester is in effect. Federal employees possibly face up to 22 furlough days—a 20% of pay cut. The Merit Systems Protection Board (MSPB), not exempt from sequester, faces a potential flood of furlough appeals. In the 1980s, MSPB processed 12,000 personnel-related appeals during the Air Traffic Controller strike; it took 2 years to process them. A "domino effect" could occur if federal agencies are forced to divert mission-critical resources to litigating furloughed employees' appeals.

Feb. 21, House Majority Leader Eric Cantor (R-VA) repeated his request to replace sequestration with changes including a 5% increase in federal employee pension contributions phased in over 5 years. The Congressional Budget Office (CBO) estimated that increase—along with several related provisions including the elimination of the FERS supplement-would cost federal employees \$79 billion over 10 years. Feb. 22, Sen. Rand Paul (R-KY) introduced "A Sequester Alternate Plan: The Sequester without Layoffs." His proposal offsets layoffs by not replacing retiring federal workers—estimated savings of \$6.5 billion a year and \$60 to \$200 billion over 10 years, bringing federal employees pay in line with private jobs (cites CBO study showing federal employees making 16% more than their private sector counterparts)—savings of \$32 billion annually and reducing federal travel by 25% saving \$2.25 billion annually.

President Obama signed the order for sequester cuts on Mar. 2. The biggest losers of defense dollars would be CA, TX and VA. Each took in \$30 billion last year. On March 7, notices went to some 60,000 Customs and Border Protection Agents (CBP) advising of furloughs for up to 14 days which could begin Apr. 21 and last through fiscal year end in Sep. Cuts to customs officers' overtime have already caused delays at some point-of-entry airports. The White House budget office sent out notices saying it would furlough employees for 10 days between Apr. 21 and Sep. The White House also announced suspension of public tours. The Justice, Defense, EPA, State, and FAA have had similar notices. The IRS advised employees it may impose between five and seven days of furloughs after the tax filing season. This advisory memo is not an official notice so the clock is not ticking yet for these employees. The SSA is offering early retirements and has yet to decide on furloughs. TSA--which relies heavily on overtime to keep lanes open-has not yet made a decision on furloughs.

The Thrift Savings Programs (TSP) outlined options for furloughed employees which would allow employees to cut back or stop investing, borrow against their accounts or take a special form of withdrawal. Employees investing based on a percentage of salary will have those investments reduced proportionately when they are on furlough; matching contributions for FERS will also decrease. Those investing a fixed dollar amount will see no change.

With the continuing resolution set to expire Mar. 27 and work beginning on FY 2014 appropriations, the budget is again in the spotlight. On Mar. 7, the House passed its version of the Continuing Resolution (CR) which would fund the government for the rest of the fiscal year. Agencies would remain funded at sequestration levels--virtually ensuring furlough notices. The House CR contains some spending adjustments know as "CR anomalies"--which allow Defense more leeway in use of funds. The House CR included funds important to specific defense-dependent districts, such as funding the building of two Virginia-class submarines in 2014 and funds for research and development on a submarine to replace the Reagan-era class submarines. The House CR also includes some specific spending increases in certain programs such as a provision allowing the Custom & Border Patrol Agency (CBP) agency to maintain its current staffing levels and a 1.7% pay increase for military personnel. The CR would also require the Postal Service to continue Saturday mail delivery through September. It is not known whether the Senate will accept the "CR anomalies" in the House proposal or might want to add some of their own. Both the House and Senate CRs maintain the federal pay freeze for the rest of the fiscal year. The Senate CR is facing 99 amendments and Sen. Majority Leader Harry Reid (D-NV) won a cloture vote late Mar. 19 to limit debate and a final vote could take place on Mar. 21. Both the House and Senate chairpersons introduced budget resolutions for FY 2014. March 12 Rep. Paul Ryan (R-WI) introduced his fiscal blueprint which calls for increasing federal employee contributions and changing pay and benefits to "better align" with the private sector. Reforming federal compensation would save \$132 billion in 10 years he stated. He did not give numbers but referred to the Simpson-Bowles recommendations in 2010. Those recommendations included using high-5 rather than high-3 in retirement contributions, deferring COLAs until age 62, and a 5-year increase in pension contributions. He did not recommend a 5-year pay freeze this time. Other proposals include a voucher system by 2024 with increases based on CPI, blocked and reduced allocations for Medicaid, new tax brackets of 10% and 25% and protecting Defense from sequestration cuts. The Affordable Care Act would be eliminated. His says his budget balances in 2024. Federal unions. Including NARFE, protested

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<u>Jan</u> — Tony Lindauer's day job is Property Evaluator, but he also sponsors Cherokee Triangle Summer Concert Series and mentors concerts at other local parks. He invited all to come enjoy fine music and dancing. More info at www.louisville.com/content/tony-lindauer-brings-people-park-localprofiles and http://jeffersonpva.ky.gov/how-do-i-fag/

Feb — WLKY Weatherman Jay Cardosi sees a warmer climate and, as a result, more violent storms in his crystal ball. Whether this phenomenon is manmade (and thereby alterable by man) has proponents and opponents, but Jay sees no point in waiting to find out.

Mar — U of L's Dr. Daniela Neantu recommends talking with a doctor re dementia concerns—for yourself or loved ones. An early diagnosis allows people to make decisions and plans; also certain problems are reversible with treatment. Don't expect an immediate response to guestions to her office, 588-4271, but she or someone will call back within a week.

NARFE ACCOMPLISHMENTS in the 112TH

Need "sales pitches" for NARFE recruitment? Accomplishments on behalf of current and retired federal employees in the 2011-2012 Congressional session offer a variety of "deal sealers":

- Prevented any damaging alterations to current retirees' annuities or health benefits:
 - →Successfully opposed a switch to Chained CPI.
 - → Successfully opposed a proposal to limit the government's contribution for health insurance premiums.
 - →Successfully opposed proposals to place postal retirees and/or employees into a separate health insurance plan.
- Prevented passage of legislation adverse to the federal workforce.
 - → Prevented increased retirement ontributions for current employees.
 - → Prevented reduction or elimination of federal retirement annuities.
 - → Prevented reduction in federal workers' compensation benefits.
- Providing the option of phased retirement for federal employees.
- Easing unnecessary restrictions on political activity.
- Providing honorary flags to federal employees who have died serving their country.

To read full descriptions of the above accomplishments, go to:

www.narfe.org/pdf/NARFE_112thCongress_LegAccom.pdf

DON'T GET BOXED IN

Does retirement conjure up potential boredom? Or, worse yet, running short of money.? But "bigbox store greeter" offers little allure? Don't fret. Thinking outside the box might be your ticket to a second stimulating career.

Link up to "Next Avenue" (where grown-ups keep growing) and you might be on your way to box kicking. Or, at least, to becoming a voiceover artist or life-cycle celebrant or senior move manager—or ???. To explore, go to:

http://www.nextavenue.org/blog/3-jobs-you-didnt-know-you-could-do-retirement

For articles and blogs about work, finance and lifestyle issues geared to a 50+ audience, sign up for Next Avenue's weekly newsletter at: www.nextavenue.org/newsletter.



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CHEERS TO KY ON BIRTHDAY DAY #221!!

The Commonwealth of Kentucky was admitted to the U.S. June 1, 1792. Lots of water (and stronger liquids) have passed under the bridge since then. Sit back and enjoy some sips from KY's annals:

- ~The bloodiest civil war battle was fought in Perryville.
- ~The first town in the U.S. to be named for the first president was Washington, Kentucky— named in 1780.
- ~In the War of 1812 more than half of all Americans killed in action were Kentuckians.
- ~First promoted in 1816, Mammoth Cave, with 336+ miles of mapped passages, is the world's longest cave. It is 379 feet deep and contains at least 5 levels.
- ~The first American performance of a Beethoven symphony was in Lexington in 1817.
- ~Begun in 1819, the first commercial oil well was on the Cumberland River in McCreary County.
- ~Abraham Lincoln, President of the Únion, and Jefferson Davis, President of the Confederacy, were born less than one hundred miles and one year apart in Kentucky.
- ~The first enamel bathtub was made in Louisville in 1856. ~In 1873, Louisville druggist John Colgan invented something found almost worldwide — chewing gum. ~The first electric light bulb glowed in Louisville when
- ~The first electric light bulb glowed in Louisville when Edison introduced it at 1883's Southern Exposition. ~Mother's Day, first observed In 1887 in Henderson by teacher Mary Wilson; named a national. holiday in 1916.
- ~Nathan Stubblefield of Murray invented the radio in 1892—3 years before Marconi claimed its invention.

~ Pike County the world's largest producer of coal is famous for the Hatfield-McCoy feud, an Appalachian vendetta that lasted from the Civil War to the 1890s.

~In 1893, 'Happy Birthday to You' was written by two Louisville sisters — Mildred and Patricia Hill.

~Carrie Nation, the spokesperson against rum, tobacco, pornography, and corsets, was born near Lancaster KY.

~In 1926, the hot brown sandwich was created at the Brown Hotel in Louisville by Fred K. Schmidt.

~In 1934, cheeseburgers debuted at Kaelin's Restaurant in Louisville.

~The world's largest baseball bat, 120 feet and weighing 68.000 pounds is at Louisville's Slugger Museum.

~Corvettes are manufactured only in Bowling Green.

~Covington (St. Mary's Cathedral-Basilica of the Assumption) is home to the world's largest hand blown stained glass window in existence, measuring 24 feet by 67 feet and containing 117 different figures.

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the cuts to federal employees pointing out that they have already contributed \$122 billion to deficit reduction. The Senate version, sponsored by Sen. Patty Murray (D-WA), has no anti-federal employee provisions. The Senate budget proposal calls for additional revenue, new spending on education, transportation, infrastructure and job training—undoing the remaining nine years of sequestration. It claims savings from closing tax loopholes and from winding down the Afghanistan war. It offers spending targets for revenue and spending to be hit over the next 10 years--including instructions for tax reform. There is no

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Double click blue links to go to Internet sites. Or copy /paste the link into your browser.

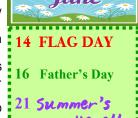
Quickly put this puzzle together, and you can bid goodbye to Alzheimers! http://www.brl.ntt.co.jp/people/hara/fly.swf

Disclaimer: If you try this puzzle, bear in mind it's from the Internet and may not be medically sound advice.



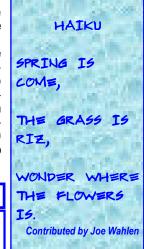
9-11 KY Fed.
Convention
15 Federal Tax Due
26 NARFE
Scholarships
Deadline







May 4





FREE CASH POT RESULTS

Names drawn from the "virtual" Hat:

Jan 16 — **James S. Priest** of 40291-3616

Feb 20 — **Doris D. Spooner** of 40243-1942

Mar 20 — **Jerry Fletcher** of 40223-3786

Regrettably, we had no winners this quarter.

April's FREE CASH POT will be \$100.

Pot starts at \$20. You must be present to collect if your name is drawn. Each meeting, \$10 is added until someone claims the Free Cash Pot or it reaches \$100 where it remains until a winner is present to collect. All names remain in the pot. Names come from the latest guarterly M-114 Membership List.

Joining Dues Withholding = always being in Free Cash Pot raffle.
Free Software from www.harmonyhollow.net/hat.shtml.

DUES WITHHOLDING DRAWING YOU WIN/NARFE WINS!

Retired Chapter 262 members signing up for *Dues Withholding* will be entered into a quarterly \$25 drawing based on National NARFE's M-112 membership form. Treasurer Nathan Henderson will notify winners by mid-month following the drawing, i.e., by: Mid-Apr, mid-Jul, mid-Oct, & mid-Jan.

Link to the withholding form for retirees: http://www.narfe.org/pdf/dw-2.pdf Or find a form in each NARFE Magazine.

No New Withholders in 4th Qtr (Oct, Nov and Dec)



NARFE TENURE TRACKER

Let me know* the date you joined NARFE and I will feature it in this column. Learn your date at NARFE Member Records, Tel: 1-800-456-8410. When calling, have your Member ID handy; it's on your NARFE Magazine label.

* You can notify me by my phone or email listed on p. 1 Marj Fair

THIS ISSUE'S SPOTLIGHT SHINES ON:

EUGENE HACK — MEMBER SINCE APRIL 1, 1985

DORIS SPOONER — MEMBER SINCE SEPTEMBER 1982,

BOB BURCKLE — MEMBER SINCE NOVEMBER 16, 1995

NARFE's light shines from these dedicated members.

ALZHEIMER'S 50/50 RAFFLE

Half to Alzheimer's Assn & Half to Winner
January raffle \$27 — Winning stub holder: Marj Fair
February raffle \$32 — Winning stub holder: Jack Ostwalt
March raffle \$20 — Winning stub holder: Len Humpich

by Elinore Jeffcoat, Alzheimer's Chair

AUTOMATED TELEPHONE TREE

Bob Burckle keeps those phone calls coming in each month to remind us of upcoming meetings and special events.

Keep your tel. #, address and e-mail info up-to-date:

- > go to www.narfe.org (click Departments > Membership),
- > or send e-mail to memberrecords@narfe.org
- > or write NARFE, 606 N. Washington St.,

Alexandria, VA 22314, Attn: Member Records

> or phone Membership Records 1-800-456-8410

Also promptly notify Bobby Payne of phone, address and/or e-mail changes
(Payne phone # & e-mail on p.1; address on page 6)



Heartfelt wishes from Chapter 262 for a Convention that beats them all!



Officers & Members of MetroLouisville Chapter 262

Park your calendar for April 8, 9 & 10 when District 3 will be your host – location & theme to be announced.

CHAPTER
262 WILL
PLACE THIS
AD IN THE
PROGRAM FOR
THE
KENTUCKY
FEDERATION
CONVENTION
IN BOWLING
GREEN,
APR 9, 10, 11.

WOMAN FOR THE HISTORY BOOKS

This article slightly misses the mark of appearing in **MetroNEWS** during March - Women's History Month.

Gladys Ingles, however, did not miss her mark. She was a member of a barnstorming troupe called the 13 Black Cats in the 1920s. She was a wing walker. The link is a grainy but gripping film of Ingles' daring-do. She is shown on the wing of the rescue bi-plane with a replacement wheel strapped to her back. Mid-air she transfers herself to the missing-wheel bi-plane, works herself down to the undercarriage only a few feet from a spinning prop, and installs the wheel. No parachute is in sight. Gutsy Gladys died at the age of 82.

http://www.flixxy.com/mid-air-airplane-repair.htm

DID YOU REMEMBER TO TAKE THESE TWO IMPORTANT ACTIONS ...

. . . (1) call your U.S. Senators & Representative March 12?

NARFE's Advocacy Day with national elected officials

... (2) donate to NARFE/PAC during March?

NARFE /PAC's special fund raising month is March.

IF YOU DIDN'T REMEMBER (or even if you did) . . .

. . (1) set some type of a reminder and call next time NARFE alerts you to speak up to elected officials on our behalf!!!
. . . (2) donate to NARFE/PAC now; they are "open for business" all year long!!!

Donation forms are in each NARFE Magazine or online at http://www.narfe.org/narfepac/donate.cfm?CFID=472659&CFTOKEN=34302694

FRIENDSHIP CORNER

Your input is needed;
Please report to Nona Preher, 502-454-5456:

>Illnesses, accidents or deaths

>Accomplishments or important milestones
of fellow NARFE members or of yourself

All members confined to home, in nursing homes, or facing illness, bereavement or difficulties are in our thoughts, well-wishes & prayers.

Care and concern to **Charlie Walter**, hospitalized for heart issues; **Jean Donovan**, who has leukemia,; **Dick Martin**, who had heart surgery in December; **O. J. Jennings**, for gall bladder surgery, **Nicki St. Ledger**, who was hospitalized after fainting in her home, and any other members or their family members who may be undergoing health difficulties.

WARNING! Third-Party Mobile Applications (Apps) — There are a number of mobile applications that reference the Thrift Savings Plan and may prompt you for your TSP account credentials. These applications are NOT sponsored by the TSP. The TSP cannot endorse any information or advice provided by third-party applications. More important, providing your TSP account credentials to third-party applications may jeopardize the security of your account. For more information on keeping your account safe, see the Security Center on the TSP website or contact the ThriftLine at 1-TSP-YOU-FRST (1-877-968-3778).

Washington Journal on C-Span, "Sequestration," a legal procedure in which every federal agency has the same percentage of its budget cut in order to cut deficit spending, was agreed to in the

Budget Control Act of 2011 and scheduled for March 1, 2013. On Mar 4, **sequestration** was discussed on C-Span.

Francis Rose, Federal News Radio anchor, was interviewed by phone about the impact of sequestration on federal workers, including who will be furloughed and how employees would be notified of furloughs, and contractors with the federal government.

Jacqueline Simon, American Federation of Government Employees Public Policy Director followed Mr. Rose. She talked about the role of the AFGE in sequestration and responded to telephone calls and electronic communications. Topics included the impact on specific agencies and government contractors.

These discussions start at 47:25 on the recording bar and end at 1:31

http://www.c-spanvideo.org/event/215206



In Memory Naomi Britt—No obituary in C-J. Bremer Ehrler, 98, passed away Feb 10. Bremer was a very long time member of NARFE, in addition to being the Louisville Postmaster in 1962, Jefferson County's Judge-Executive in

1984, Jefferson County Sheriff in 1992, Jefferson Co. Clerk for three terms, KY Secretary of State. He was a member of 262.

William John Haas, 90, passed away Feb 28. He was a World War II-era veteran, serving as an enlisted man in the U.S. Army and rising to the rank of Sergeant. He retired from the US Postal Service. He was a member of 262.

David Harman—No obituary in C-J.

Irvin Lambert—passed away March 17. He retired after 37 years as a letter carrier & 27 as president of Branch 14's Natl. Assn. of Letter Carrier's Union; he headed up their annual food drive and their Combined Federal Campaign in Louisville. He was a 262 member.

Virginia M. Simms—No obituary in C-J.

Metro Louisville Chapter members
extend sympathy to family & friends.
Read full obituaries at:

www.legacy.com/louisville/Obituaries.asp

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detailed blueprint for cutting entitlement programs. Sen. Orrin Hatch (R-UT) asked that no tax proposal be included so that the Senate Finance Committee can work on comprehensive tax reform. Under reconciliation, tax and entitlement changes can be done on a simple majority vote. The Senate will try to pass its budget resolution prior to the April 25 Easter Recess The debt ceiling limit occurs May 19 and Treasury can keep the government running until August. Stay tuned.

On March 11, a NARFE rally in the Capital building included speeches from the presidents of five federal workers' groups—including NARFE—and congressmen Frank Wolf (R-VA) & Jim Moran (D-VA) in support of Advocacy Day Mar. 12—a national call-in day. The American Federation of Government Employees (AFGE) held a similar event on Feb. 11 and the National Employees Treasury Union (NTEU) on Feb. 26. On Mar. 20 federal employees plan over 100 rallies across the country protesting sequestration. The rallies, organized by AFGE with help from the AFL-CIO, Americans for Tax Fairness and the Alliance for Retired Americans will take place outside federal agencies and lawmakers' offices.

We here must continue to maintain and grow our advocacy efforts. **Maurice Jeffries, Legislative Chair**

WELCOME NEW/ RENEWED MEMBERS



DEC — W. Michael Turner, Donald Brock,
 Joseph Nix, Ruth Welsh, new members
 JAN — Sharon Ishikawa, new member
 FEB — Charles Grannan—transferred from Chapter 381

\$100 Winners in KY NARFE's STATEWIDE ALZHEIMER'S RAFFLE

Dec ... Juanita Monaghan Frankfort, KY Jan ... Rita Bitter

Florence, KY Feb... Tamara Gabbard

Resources for Federal & USPS Employees at:

www.federaldaily.com/ Home.aspx

KY NARFE WEBSITE

http://narfeky.org/ Statewide NARFE news & info, plus you'll find current and past issues of Chapter 262 MetroNEWS.
In the yellow block at top of page, click
Newsletters" (2nd link from left in bottom row).

NARFE NewsWatch http://multibriefs.com/ briefs/narfe/

Keep up with
Federal government
goings-on here
www.federaltimes.com/

Voting records on Key NARFE issues are at:

www.capwiz.com/narfe/
dbg/officials
Click the "Issues and Legislation" tag and enter your ZIP to get the voting records of your
Senator or Representative.

NARFE HOTLINE

NARFE HOTLINE
Weekly message:
1-877-217-8234
1-703-838-7780
Or go to:
www.narfe.org
Additional Contacts:
Capitol Switchboard
1-866-220-0044
White House Comments
1-888-225-8418
(Prefixes 800, 888, 877
& 866 Are Toll Free!)



<u>Chapter Mtgs. are 3rd Wednesdays monthly, except —</u>
No meeting in July

No meeting in August (unless otherwise announced)
December Holiday Party (time/place announced yearly)

TIME: 11 a.m. - 2 p.m. (Buffet Line opens at 11 a.m.)
Arrival at 11 a.m. & completion of lunch by Noon will allow for Program & Business Mtg. to end by 2 p.m.

*COST: \$7.75 — Nathan Henderson will collect this amount at the meeting in cash (no checks or credit cards accepted; please have exact change). Reservations are not required, but you are expected to buy lunch.

If you have questions, contact: Nathan Henderson Tel: 451-0934 e-mail: henderson.n@insightbb.com

PLACE: Ryan's Buffet Restaurant

5338 Bardstown Rd, Louisville (corner S. Hurstbourne Pkwy. & Bardstown Road, Piccadilly Square Shopping Center) Meeting rooms are to the right rear after entering Ryan's. Members need to wear nametag to show the cashier.

* The \$7.75 includes tax and gratuity and you get a choice of drink, salad, entrée(s) and dessert.

CHAP 262 APR—JUN 2013 CALENDAR

WEDNESDAY, APRIL 17

Program Joseph Gerth, political writer for the Courier-Journal whose Political Notebook appears in Metro Section

WEDNESDAY, MAY 15

Program Don Helton, Veterans Advocate &

Board member of Kentucky Veterans Memorial Park.

WEDNESDAY, JUNE 19

Barbara Gordon, M.A., Director, Division of Social Services,

Area Agency on Aging and Independent Living, KIPDA

'TAG ALONG'

Program

Name Tags should be worn to all meetings at Ryan's.

WE SUPPORT OUR SERVICE MEN & WOMEN, VETERANS, & THEIR FAMILIES.

ARE YOU PREPARED?!!

The last **MetroNEWS** featured an article on Service Officers in which completion of **NARFE's F-100 Form**, "Be Prepared for Life's Events" was discussed. To make it as easy as possible for readers to complete this vital form, NARFE offers three options:

- > Downloadable F-100: Print out the form on paper using your home printer. Fill out the form using pen or pencil.
- > Fillable F-100: First save the form to your computer. Fill it out electronically, then print it out when you are finished. You don't have to complete the form all at once; you can "save" the form onto your computer and return it at a later time.

For either of the above versions, go to: http://www.narfe.org/pdf/f-100fill.pdf

>Printed document: The F-100 can also be ordered as a document by contacting NARFE HQ — phone, 703-838-7760, or e-mail, retbenefits@narfe.org. Make sure to ask for the F-100.

Loved ones will be eternally grateful if you fill out Form F-100 and make their lives easier at a stressful time. I've chosen the "Fillable" option and it works well. All I need now is to keep at it and get it done! **NED**

NED's Notes (Newsletter EDitor)

The **NEWS** is published quarterly for Jan-Mar, Apr-Jun, Jul-Sep, Oct-Dec. I look forward to <u>your input by the 15th of the month prior to publication.</u> Call, e-mail or drop me a note to 8900 Middle Pointe Rd., Louisville KY 40241. I respectfully reserve the right to edit for space and clarity. Commentaries should be non-partisan.

Marj Fair