



Metronews

Metro Louisville Chapter 262



Forms in NARFE Magazine & On-line

National Active and Retired Federal Employees

Volume XXII No. 3

PRESIDENT'S MESSAGE

Jul-Sep 2012

Think NARFE!,

Contribute to NARFE PAC — Recruit CURRENT Federal Workers and those who have retired. Call those with whom you have spent years working —

Friends > Relatives > All.



Have a nice summer break; See you back at our September 19 meeting. Sherman Smith

COMING ATTRACTIONS — SEE PAGE 6 FOR DETAILS.

JULY

No Meeting

AUG

No Meeting

SEP 19

Chief Steve Conrad, LMPD — "How You Can Help the Police"

Interested in serving as Secretary or as NARFE-PAC Chair? Notify Bobby Payne or Sherman Smith.

KY FEDERATION CONVENTION

Officers elected at the Federation Convention in Hopkinsville in April were:

President—Noreene Morgan
Vice President—Michael Mitchell
Treasurer—Mike Cornelison
Secretary—Jan Celella

District Vice Presidents:

- 1— Amelia Seidel
- 2— Omar Rogers
- 3—Judy Fletcher
- 4— Marlene Buntin
- 5—Kenneth Overhults

Congratulations
& Best
Wishes!!!

The Distinguished Service Award went to Fern Stokley and the Hall of Fame Award to Joe and Mickey Horcher. At the banquet, Susan Horn of Blue Cross/Blue Shield presented Best Friend Awards to Carolyn Dunn, Noreene Morgan, Faye Hubbard, Denise Bauer, and James Stearman. Honorable Mention went to our own Best Friend Bob Burckle. Eleanor Jeffcoat authored Bob's nomination.

A proposal to amend the bylaws to allow the Federation President to serve two consecutive two-year terms passed.

Attendees from Chapter 262 were Marj & Oscar Fair, Judy & Jerry Fletcher, Dave Harlow, Maurice Jeffries, Bobby & Erika Payne, and Sherman Smith.

MEMBERSHIP DUTIES QUARTERED

Four Chapter members have volunteered to "work-share" on a Membership Panel. Each will serve a total of three months during the year

- #1 = Jan, May, Sep #2 = Feb, Jun, Oct;
- #3 = Mar, Jul, Nov #4 = Apr, Aug, Dec.

Among their duties will be calls to lapsed members with appeals to return to membership.

Membership Panel lists them (at right)

Many thanks to Bob, Gene, Dave and Dorsey for assuming this vital function. We will all be pulling for your powers of persuasion.

NARFE RECRUITMENT TIPS CONTEST

A contest was held at the Federation Convention soliciting ways to promote NARFE.

The Top TIPpers who received cash awards were:

1st—Ethel Hanna "Keep applications in purse or car."

2nd—Maurice Jeffries "Articulate NARFE's value: got open seasons for health vendors; got retirees' COLAS in 1948; got survivor benefits in 1948; got health insurance for retirees in 1960."

3rd—Kay Bennett "Place your membership # on NARFE Magazine Membership forms & leave in public places."

All of the TIPS are listed on p. 6.
Let's get a little TIPsy and try some of these suggestions out — SOON!

President / Audit Chr.

Sherman S. Smith
502-425-8765
ssolvan@aol.com

1st Vice President/

Judy G. Fletcher
502-253-0331
judy.fletcher@insightbb.com

2nd Vice President /

Legislation Chairman
Maurice W. Jeffries
502-327-0776
mjefries0517@att.net

Secretary

Vacant
Treasurer
Nathan W. Henderson, Sr.
502-451-0934
henderson.n@insightbb.com

Membership Panel

Bob Burckle, 267-0123
Eugene Hack, 937-6016
Dave Harlow, 454-5666
Dorsey Kozarovich,
968-8048

Program Chair

Charles L. Walter
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walter6447@insightbb.com

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Bobby Rex Payne
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Jerry Fletcher
jerryf5878@aol.com
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Alzheimer's Chair

Eleanor Jeffcoat
(270)320-3399 (Cell)
elinorejeffcoat@gmail.com

Friendship Chair

Nona Preher
502-454-5456
Name Tags
Joseph Scheuring
502-231-4152
joe68@insightbb.com

NARFE-PAC Chair
NARFE Net Coordinator
Vacant



COMMENT BOX Comments and short articles of interest to our active and retired NARFE family are welcome. NED

TREASURER RPT May 2012 Balance on Hand for Use—\$4,066.50; CD's \$13,353.59. Nathan Henderson



AVAILABLE TO THE THOUSANDS OF CURRENT & RETIRED FEDERAL EMPLOYEES THROUGHOUT KY

Please remember to go to p.26 of July 2012 NARFE Magazine & make your NARFE-PAC Donation.

IMPORTANT CONTACTS

Keep them updated on NARFE issues.

Pres. Barack Obama

1600 Pennsylvania Avenue, Washington, DC 20500

Tel: 202-456-1414

www.whitehouse.gov/contact

Sen. Mitch McConnell

361-A Russell Senate

Office Building

Washington DC 20510

Tel: 202-224-2541 and

601 W. Broadway, Rm 630

Louisville, KY 40202

Tel: 502-582-6304

<http://mccconnell.senate.gov>

Sen. Rand Paul

SRC-5 Russell Senate

Office Building

Washington DC 22204

Tel: 202-224-4343 and

600 Martin L King Jr Pl.

Rm. 1072B

Louisville, KY 40202

Tel: 502-582-5341

<http://paul.senate.gov>

Rep. John Yarmuth

435 Cannon HOB*

Washington, DC 20515

Tel: 202-225-5401 and

600 Martin Luther King Pl.

Suite 216

Louisville, KY 40202

Tel: 502-582-5129, and

SW Government Center

7219 Dixie Highway

Louisville, KY 40258

Tel: 502-933-5863

www.yarmuth.house.gov

Rep. Brett Guthrie

308 Cannon HOB*

Washington, DC 20515

Tel: (202) 225-3501, and

411 W. Lincoln Trail Blvd.

Radeliffe, KY 40160

Phone: (270) 842-9896

www.guthrie.house.gov

Rep. Geoff Davis

1119 Longworth HOB*

Washington, DC 20515

Tel: 202-225-3465 and

108 West Jefferson St.

LaGrange, KY 40031

Tel: 502-222-2233

www.house.gov/geoffdavis

*HOB=House Office Bldg.

MORSELS from MEETINGS =>>>

SHOW WE CARE!

In the May issue of the NARFE Magazine, President Joe Beaudoin called for more involvement now in terms of recruiting and legislative action. He pointed out that in 1982 NARFE had about 500,000 members. Today we have less than 300,000. We all need to recruit. He expressed great concern about what will happen after the November elections in terms of dealing with the debt and sees us as "low hanging fruit." He noted that less than 5% of us responded to National Call Day on Feb. 15 and stated we have to do better or legislators looking to cut our pay and retirement benefits and the public will think we don't care. **Maurice Jeffries, Dist. 3 Legislative Liaison**

CONGRESSIONAL LIAISON

VOLUNTEERS NEEDED! I am planning to request a meeting with the staff at **Senator Rand Paul's** office and I am asking for volunteers to attend that meeting with me sometime in September or early October.

I can be contacted at 327-0776, 599-0240 (cell) or e-mail: mjeffries0517@att.net.

Since the May chapter meeting, I have been trying to arrange for **Congressman John Yarmuth** to speak at our August meeting. I regret to report that his scheduler's response was:

"I received your voicemail. Thank you for following up with me in regards to the NARFE meeting. As you know, the Congressman was able to participate in the NARFE luncheon last August. However, there were many meetings that the Congressman was unable to attend last August that we are trying to accommodate for this year, which means that, unfortunately, the Congressman is not going to be able to attend this year's NARFE meeting in order to meet those requests.

"Thank you again for inviting the Congressman to the NARFE luncheon this year and please keep him in mind for next year's meeting."

I replied by asking the scheduler to let me know if the Congressman would be available at any other time and she replied that she would let me know of future availability.

If I don't hear from Congressman Yarmuth's office again prior to the November Elections, I contemplate asking for a meeting at his office and will again ask for volunteers to attend.

Maurice Jeffries, Dist. 3 Legislative Liaison

In Apr. Marty Rosen, C-J Restaurant Reviewer, whetted appetites with a tableau of delightful dining spots. Local family-owned eateries are among Marty's favorites.

In May, Sarah Caston of National Kidney Foundation, urged people to pay attention to their GFR (Glomerular Filtration Rate). It is an indicator of possible kidney disease and its stage.

In June we learned to "Write down ailments between doctor appointments; you'll forget them if you don't"—one among many helpful, often humorous, health and wellness hints from **Ken Schulz, Humana Consultant**.

NARFE NIXES FEDS AS PIGGYBANK

On May 31, congressional Republican leaders wrote a letter to **President Obama** that proposed increasing federal employee retirement contributions by 1.2 percent of salary as one of two options to offset the cost of extending the current interest rates on federally guaranteed student loans. Both parties would like to extend the current rates, but they disagree on how to pay for it without increasing the deficit. Without the extension, interest rates on student loans would increase from 3.4% to 6.8% July 1. NARFE President **Joseph A. Beaudoin** wrote a [letter](#) to Congress, opposing any proposal that would use federal employees as a piggybank for unrelated legislation. Please [join him](#) in telling Congress not to trade federal employee pay.

NARFE GEMS e-mail for 6/8/12

[NARFE needs all members aboard GEMS legislative contact system.](#)

GET A gmail ACCOUNT AT LIBRARY

Members without a home computer (or with a non-functioning one) can get NARFE's GEMS notices (such as the one above) by setting up a **free** gmail account at the library which allows you to surf the entire Internet and receive & send e-mail. Simply give a librarian your Library# and ask for help in setting up a gmail (Google Mail) account. Then you can go to the NARFE Internet address—www.narfe.org. You'll need your NARFE account number (on your Magazine mailing label) to register and then link to 'Join GEMS.' All of the other NARFE links will be at your disposal too. An important one is the Legislative Action Center where suggested letters on important NARFE issues are available to send to your Senators and Representative when you are asked to do so by a GEMS e-mail.

If you wish to receive online **MetroNEWS** via gmail, send Bobby Payne (rexpayne@insightbb.com) your gmail address. Another place you can read the online **Metro NEWS** at the library is www.narfeky.org. Here you will find statewide NARFE news & info, plus current and past issues of Chapter 262 **MetroNEWS** in the District III section which is about 2/3 of the way down the page.

Library schedule of computer classes is at www.lfpl.org/events/?com=searchresult2&t=8
Or call the JustAsk center at 574-1611 for information

FERS FREE MONEY

The Thrift Savings Plan governing board heard at its April 30 meeting that nearly a fifth of employees under the Federal Employees Retirement System — which generally covers those hired starting in 1984, more than 80 percent of the federal workforce — don't understand the potential for employer contributions into their accounts.

That feature of the TSP is important for FERS employees, who stand to receive an annuity benefit worth only about half of what is paid to those under the older Civil Service Retirement System. Social Security benefits and the value of employer contributions to TSP accounts are designed to roughly make up the difference.

When FERS employees don't invest from their salaries, "basically, they're leaving free money on the table," TSP Executive Director Greg Long said. He said that . . . the coming introduction of Roth-style investing will further complicate the program.

*Excerpts from Washington Post 5/2/12
Article by Eric Yoder; read full article at:*

http://www.washingtonpost.com/local/dc-politics/2012/05/01/gIQAdyfBwT_story.html?wpisrc=nl_fedinsider



HEAR YE, CITIZENS!

General election—November 6.

For information, go to www.elect.ky.gov and to <http://elect.ky.gov/voterinfo/Pages/voterinformationguide.aspx>
Or call (502) 573-7100

Next elections for Governor & other
Constitutional KY Officeholders — 2015.

U.S. Senators' next elections:

Mitch McConnell — 2014.
Rand Paul — 2016

U.S. Representatives in our area facing
November 6, 2012 elections:

District 2: Brett Guthrie (R) incumbent
David L. Williams (D) candidate
District 3: John Yarmuth (D) incumbent
Brooks Wicker (R) candidate
District 4: Geoff Davis (R) retiring incumbent
Thomas Massie (R) candidate
Bill Adkins (D) candidate



SIGNPOST TO OBSERVANCES

 The world has been a busy place for eons as evidenced by a tiny taste of its doings:

July

1—Taxes begin to be withheld from paychecks in 1943.

7—US Annexes Hawaii in 1898

12—Etch-a-Sketch goes on sale in 1960. (In 2012, at age 52, it stages an unexpected iconic comeback.)

18—Adolph Hitler Publishes "Mein Kampf" in 1925.

30—President Johnson signs Medicare in 1965.

August

7—The "Order of the Purple Heart" created by President Washington in 1782.

15—The Panama Canal opens in 1914.

21—Venetian blinds are patented in 1959.

24—Mt. Vesuvius eruption buries Pompeii in 79.

28—Sen. Thurmond begins 24-hour filibuster against Civil Rights Bill in 1957.

September

1—Germany invades Poland, starting WWII in 1939.

5—The first Miss America beauty pageant held in Atlantic City NJ in 1921.

13—New York City became the first capitol of the US in 1788. (Really? Really. It was later relocated to Philadelphia for 10 years and thence to Washington.)

26—The US Postal Service was founded in 1789.

30—Rayon was patented in 1902.

SMALL BOAT RESCUE ON 9/11

While the towers burned and collapsed on 9/11/01, a half million people were evacuated from Lower Manhattan by a civilian flotilla of ferries, tug boats and other vessels—the largest boatlift in history.

<http://forum.woodenboat.com/showthread.php?136581-Boatlift-An-Untold-tale-of-September-11-Resilience>

SOLAR LIGHTS TO THE RESCUE

Next time you lose power at night, don't scramble around in the dark looking for matches, candles or flashlights. Simply go outside and pluck a few solar lights from their holders. They will shed safe, reliable, night-long light in all of the rooms where you place them. Tall vases or drink bottles (bottom weighted with marbles, cat sand, whatever you have available) make good holders. Next day just take the solar lights back outside where they will recharge and be ready for the next time you need them.



July

4

Independence Day

August

NARFE Meet the
Candidates Month

September

3—Labor Day
11—Patriot Day
16—Rosh Hashanah
25 Yom Kippur

Remember: You can get one free credit report per year from TransUnion (800-680-7289) Equifax (800-525-6285) Experian (888-397-3742) or all three at www.annualcreditreport.com.

Resources for Federal & USPS Employees:
Take a look at — www.federaldaily.com/Home.aspx

"Hear—Here"
NARFE radio ads supporting Protect America's Heartbeat
<http://www.narfe.org/departments/home/articles.cfm?ID=2464>

If you are viewing MetroNEWS on the Internet, double clicking on a blue underscored link takes you directly to its Internet site. Or you can copy/paste the link into your browser.

<http://finance.yahoo.com/news/governments-retirement-plan-appeal-few-110000372.html>
A perspective on the Thrift Savings Plan by Christine Benz | Morningstar – Thu, Apr 5, 2012
"The Government's Retirement Plan Has Appeal, and a Few Holes, Too"

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FREE CASH POT RESULTS

Names drawn from the "virtual" Hat:
Apr 11 — Hugh H. McCullough of 40259-0383
May 16 — John D. West of 40243-1832
Jun 20 — Jo Anne Fess of 40299-6527

September's FREE CASH POT will be \$100.

Pot starts at \$20. Each meeting \$10 is added until someone claims the Free Cash Pot or it reaches \$100 where it will remain until a winner is present to collect. All names drawn, whether the member is present to win or not, will remain in the pot. Names come from the M-114 Membership List.

Join Dues Withholding so your name will always be in the Free Cash Pot raffle.

Software compliments of www.harmonyhollow.net/



DUES WITHHOLDING DRAWING YOU WIN/ NARFE WINS!

Retired Chapter 262 members signing up for **Dues Withholding** will be entered into a quarterly \$25 drawing based on National NARFE's M-112 membership form. Treasurer Nathan Henderson will notify winners by mid-month following the drawing, i.e. by : mid-Apr, mid-Jul, mid -Oct, & mid-Jan.

Link to the withholding form for retirees:

<http://www.narfe.org/pdf/dw-2.pdf>

Or find a form in each NARFE Magazine.

No new Withholders in Apr May & Jun.

Don't be a bystander—Both you and NARFE win if YOU WIN!



ALZHEIMER'S WALK

Alzheimer's Assn. is sponsoring walks in 11 KY communities this fall. Louisville's Walk is Sep 8 on the Great Lawn at Waterfront Park.

If you are interested in walking, let Eleanor Jeffcoat know (tel/e-mail on p.1); she will be able to provide more details. Last year, two from Chapter 262 with three family and friends enjoyed walking and carrying the poster (at left). Let's try for more this year. A short route is optional for mile-challenged people.

A win-win chance to combat Alzheimer's & highlight NARFE.

ALZHEIMER'S 50/50 RAFFLE

April raffle — \$20. Winning stub holder: **Sherman Smith**
May raffle — \$21. Winning stub holder: **Jackie Haysley**
June raffle — \$14. Winning stub holder: **Nathan Henderson**

Eleanor Jeffcoat, Alzheimer's Chair

During 2011 the Kentucky NARFE Federation contributed \$9,385.24 to Alzheimer's Research.

BARGAIN BUS LINE—MEGABUS.COM

This company's express bus service began here in March 2012 with service between Chicago, Indianapolis, Louisville and Nashville. Fares vary but are very reasonable—reasonable as in as low as \$1 via the Internet. More likely, fares are in the \$20-\$30 range. Learn more about the service and get a feel for fares and schedules at <http://us.megabus.com/useful-links.aspx>.

4 Phone: 1-877-GO2-MEGA (1-877-462-6342).



AUTOMATED TELEPHONE TREE

Bob Burckle keeps those phone calls coming in each month to remind us of upcoming meetings and special events. Keep your tel. #, address and e-mail info up-to-date:

> go to www.narfe.org (click Departments > Membership),

> or send e-mail to memberrecords@narfe.org

> or write NARFE, 606 N. Washington St.,

Alexandria, VA 22314, Attn: Member Records

> or phone Membership Records 1-800-456-8410

Also promptly notify Bobby Payne of phone, address and/or e-mail changes

(Payne phone # & e-mail on p.1; address on page 6)



NOTICE — Bobby Payne is updating of the telephone list. Bob Burekle's Automated Telephone Tree calls will resume in late June.



32nd NARFE National Convention

Reno-Sparks, NV = August 26-30, 2012

It's not too late to sign up - Registrations accepted until August 2. See NARFE Magazine for forms or go to: <http://www.narfe.org/convention2012/>

The officers & members of Chapters in Kentucky District 3 wish the Nevada Federation an Ace High Royal Flush Convention in Reno!!!

Sherman Smith, President
Metro Louisville Chapter 262

Bill Bassett, President
Meade County Chapter 1512

Denise Bauer, President
Derby Chapter 1610

Judy Fletcher, District 3 Vice President



The ad from District 3 which will appear in the Program Book for NARFE's National Convention.

(designed by Marj Fair)

WE SUPPORT OUR SERVICE MEN & WOMEN, VETERANS, & THEIR FAMILIES

Chapter Mtgs. are 3rd Wednesdays monthly, except —
No meeting in July
No meeting in August (unless otherwise announced)
December Holiday Party (time/place announced yearly)

TIME: 11 a.m. – 2 p.m. (Buffet Line opens at 11 a.m.)
Arrival at 11 a.m. & completion of lunch by Noon will allow for Program & Business Mtg. to end by 2 p.m.

***COST: \$7.25** — Nathan Henderson will collect this amount at the meeting in cash (no checks or credit cards accepted; please have exact change). Reservations are not required, but you are expected to buy lunch.

If you have questions, contact: Nathan Henderson
Tel: 451-0934 e-mail: henderson.n@insightbb.com

PLACE: Ryan's Buffet Restaurant

5338 Bardstown Rd, Louisville
(corner S. Hurstbourne Pkwy. & Bardstown Road,
Piccadilly Square Shopping Center)

Meeting rooms are to the right rear after entering Ryan's.
Members need to wear nametag to show the cashier.

*** The \$7.25 includes tax and gratuity and you get a choice of drink, salad, entrée(s) and dessert.**

CHAPTER 262 JUL—SEP 2012 CALENDAR

JULY & AUGUST — NO MEETING

11:30 AM, WEDNESDAY, SEPTEMBER 19

**Program Chief Steve Conrad, Louisville Metro Police
Dept — “How you Can Help the Police!”**

‘TAG ALONG’

Name Tags should be worn to
all meetings at Ryan's.

RASCALS OF RAGTIME

Until Labor Day, Dick Martin's band will be playing on the Veranda at The French Lick Springs Hotel from 6 to 10 pm.
Wednesdays, Fridays & Saturdays.

Magnificently renovated old Hotel Casino next door
Take I-64 to Tell City exit.
Go north about 25 minutes; road deadends at the hotel.

ADOBE FREEBIE

Having difficulty opening on-line **MetroNEWS**? It is a .pdf file so you must have downloaded the free Adobe Reader from the Internet to be able to open the newsletter. Go to this site to get the free Adobe OR to update your version if it is older than Version X: <http://www.adobe.com/products/reader.html>

NARFE RECRUITMENT TIPS >At a chapter meeting where you have invited a number of prospects, have a drawing for a free lunch or membership. >Don't give up, keep calling. >Send a card to recent retirees from your former agency along with an application. >Tell everyone you know about NARFE, cannot beat word of mouth. >Need to be visible. >Need to do fun things and invite members and prospects. >Remind active employees the gov't gave us our benefits and the gov't can take them away. >Talk about NARFE to your letter carrier. >National needs a plan to get into federal buildings, cannot recruit if we cannot get it to the agency. >Service Officers have a great opportunity when serving an annuitant survivor. >Give the \$8 finder fee to the new member as a rebate on the first year's dues. >Place a package with letter, application and magazine in the break rooms of federal agencies. >Be knowledgeable, cannot recruit if you cannot talk about what NARFE does and the value of a NARFE membership. >Have a get together at night and invite current employees. >Keep applications in your car and purse. >Utilize Fedweek to reach active employees. >Create quarterly drawing for new members with a one year membership. >Offer incentive such as a gift card to when recruiting a new group of members. >Ask active employees how to go about convincing other active employees NARFE is a good deal. >Run a raffle for awarding retired chapter members who sign up for withholding.
SOLICITED AT KY FEDERATION CONVENTION, APRIL 2012



NED's Notes (Newsletter EDitor) As election season heats up, I find my Inbox well-stocked with chain e-mails about politics. Most are fact-challenged and/or alarmist and admonish me to mass forward or risk being to blame for the downfall of western civilization as we know it. PolitiFact rates only 4 percent of the chains as True. This witty site may be for you if chain e-mails are overtaking your truth-o-meter: <http://www.politifact.com/truth-o-meter/article/2011/nov/23/politifactsguide-thanksgiving-dinner/>.

The **NEWS** is published quarterly for Jan-Mar, Apr-Jun, Jul-Sep, Oct-Dec. I look forward to your input by the 15th of the month prior to publication. Call, e-mail or drop me a note to 8900 Middle Pointe Rd., Louisville KY 40241. I respectfully reserve the right to edit for space and clarity. Commentaries should be non-partisan.

Marj Fair