



# NARFE Western Kentucky Newsletter

National Active and Retired Federal Employees Association

October 30, 2013 - Created and written by the NARFE Chapters of Western Kentucky  
National Active and Retired Federal Employees Association

## District I DVP Tom Diaz Welcomes You to Our Western Kentucky NARFE Newsletter



I have a Map of Kentucky on our Kentucky NARFE Web Site. The purpose of the map is to find a chapter near you if you would like to join NARFE. Just click on the map near the area where you live and that click will take you to a District in Kentucky near you. Look at the District Chapters and join the closest one in your area.

There are names and numbers there to contact and if that does not work then send me an email: [local1373@gmail.com](mailto:local1373@gmail.com)

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**Thank you for being a member of NARFE.**

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The newsletter can also be accessed at your local library using their online computers and our <http://narfeku.org/> website.

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Our monthly meetings of the National Active and Retired Federal Employees Association (NARFE) will recognize and celebrate those United States citizens who are **dedicating** their working lives in the service of

their country, or who have retired from Federal Service and continue to fight for their rights and benefits by being members of NARFE.

We believe that working for the betterment of this country is the proper thing to do. We continue to believe in these principles by being members of NARFE. Each month our local meetings bring a renewed sense of these principles into our lives. This celebration is a measure of our grateful thanks for those individuals' long-time Federal Service and to recognize and honor them.



I ask all members of our Federal Service, including our Congressmen, to join us in this celebration and recognition of the hard work and dedication by our past and present Federal employees.

**There is Strength through Numbers.**

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**Join NARFE:**

<http://narfeku.org/LOCAL/index.html>

**Write Congress:**

<http://capwiz.com/narfe/home/>

## District 1 Blog:

<http://kydvpi2013.blogspot.com/>

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## Visit Fairholme!

### Experience a Piece of History

#### Trigg County Chapter 1730 Meeting

This morning I traveled to Trigg County to visit Chapter 1730 at Reva's Place Restaurant on Main Street, Cadiz, KY for our NARFE meeting. President Richard Pauze presides over the meeting. There was a good attendance at the meeting with solid and encouraging discussions. Carl Heckmann gave us a presentation about "[The Way](#)" a group dedicated to helping young adults in Trigg County.

I was asked to speak and I told them about our coming Fall Roundup and I also asked them if too many blog posts were too much? I do want to please and recruit at the same time.

The blog is twofold:

1 It is there to inform our leaders and members.

and

2. It is meant to recruit new members to our chapters in Western Kentucky.

There are plenty of Federal Employees in Western Kentucky. We just have to help them understand that there is, "Strength through Numbers" and that joining forces with us will help them retain their benefits.

After the meeting and lunch we went on a tour of, "[Fairholme \(John Street Home\)](#)" on Main Street in Cadiz, KY.

Photos below of Fairholme The John Street Home. There is a slide show of the rooms at:

<http://www.tclibrary.org/fairholme/>



#### NARFE Hopkinsville Chapter 1262 Meeting

My wife and I made a visit to Hopkinsville, Kentucky where we spent some time at the NARFE Hopkinsville Chapter 1262 meeting. The meeting was located in the A.W. Watts Senior Citizens Center.

Chapter President Diane Wood called us to order and we all recited the Pledge of Allegiance. Vice President Billie Todd introduced Kathi Ferguson an RN at [Jennie Stuart Medical Center](#) in Hopkinsville, KY as our featured speaker. The title of her presentation was, "[Take 3 Actions](#)" which was extremely informative. I highly recommend visiting that link ("[Take 3 Actions](#)") and reading it thoroughly.



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After the presentation the Chapter 1262 minutes and treasurer reports were read and an Alzheimer collection was made.

I was introduced and asked to speak and I asked them how they liked my blog and they said it was very informative. 90% of the Chapter 1262 members were computer users which surprised me and my wife both.

Every year they have a dinner where each Chapter 1262 member invites a friend of theirs who is Federal Employee to the dinner. This was scheduled for their November meeting. We were all informed by Diane Wood that our Fall Round Up was Monday October 21, 2013.



**Hopkinsville Chapter 1262 Members**

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## Crittenden County Chapter 1373

Our Chapter meeting was held at the Crittenden County Public Library.

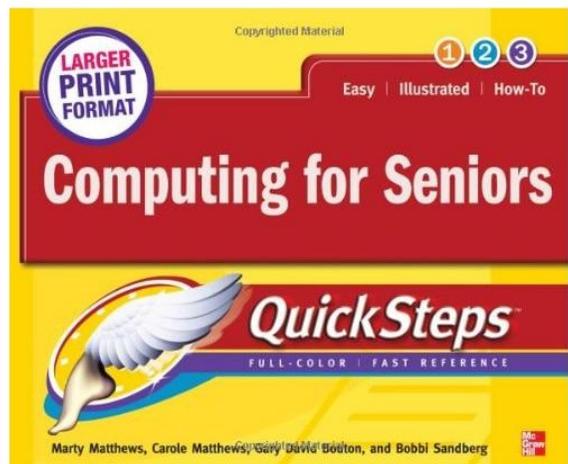
Crittenden County Chapter 1373 President Tom Diaz presided over the meeting, Tom Crider said a prayer and we all recited The Pledge of Allegiance to the flag.

Regina Merrick, Director and Librarian of the Crittenden County Public Library gave us a presentation on "**Computing for Seniors**" which was very thorough and extremely interesting.

After the presentation I showed them my Western Kentucky District 1 Vice Presidents Blog plus Regina showed them pictures of our meetings at Thom's Sweet Shoppe. She also showed them pictures of the Web Site Pinterest which was a big hit. "Computing for seniors" is available for checkout at the Crittenden County Public Library. Pinterest is online.



## Crittenden County Chapter 1373



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### Choose Your Membership Type

eNARFE Chapter Online Membership— \$40  
NARFE's electronic chapter. Receive narfe magazine by mail each month, and all other communications by email and on eNARFE.org. Get important updates and legislative action alerts, and have access to the eNARFEblog.

OR

Local Chapter Close-to-Home Membership—  
\$40\*

Affiliation with the NARFE chapter closest to your home. Receive narfe magazine each month; attend meetings, often with invited speakers; network; and get involved in grass roots lobbying efforts.

Chapter Affiliation Chapter # \_\_\_ (if known, otherwise enroll me in the chapter closest to my zip code).

\*First-year dues. Subsequent years, \$40plus local Chapter dues.

Total Dues \$40 First-Year Dues  
X \_\_\_\_\_ = \_\_\_\_\_  
per person # Enrolling Total Dues

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## The Fall Roundup

There were 52 Chapter Members in Attendance and 5 guests at our Fall Roundup. Our attendance was up because the unsure nature of our Health Benefits. We were all very pleased with the turnout.

**Hopkinsville Chapter 1262** had 12 Of 61 Chapter members in attendance and received an award for their effort.

**Henderson Chapter 1291** had 13 of 43 Chapter members in attendance and received an award for their effort.

Out of the 57 people more than **57 letters** were written and mailed to our United States members of Congress. That effort hopefully will get a little attention in Washington.

**Nancy D. Hunt**, Crittenden County Extension Agent for Family and Consumer Sciences gave us a wonderful presentation on, "**Great Places in Western Kentucky**" which we all thoroughly enjoyed.

**Four District 1 Chapter Members** were given awards for their great effort in keeping their Chapters together and their outstanding community services efforts. **Tom and Micki Crider** kept Chapter 1373 functioning and did outstanding community services in Crittenden

County. I saw their effort and was extremely pleased with their efforts and the effects in our community.

We all saw the effort **Joe and Mickey Horcher** put in, in the time he and Mickey were working with their Chapter and District. They were extremely helpful to me in this transition to District 1 as well as helping Amelia during her difficult times.

We were all very eager to hear what **Susan Horn, Anthem Blue Cross/Blue Shield KY Federal Employee Program Representative FEHBP Open Season Changes** and I think we got the answers we were waiting for.

Our Medicare Booklet was helpful as well in answering the questions we wanted to hear.

We have to gear up and get online; emailing and writing those letters to our Congressman as well as calling them.

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NARFE Headquarters says, "**Enough is Enough**" **There is a lot going on as I write the District 1 Blog daily.**

I am a constant nudge knowing that if we do not fight we will lose our Health Care.

**Our Retirement System** is sound and strong but it can be stolen by an eager Congressman in their effort to disrupt our Federal Government.

